



Devonport Swim Club

Swim News – December 2009

Hi everyone – what a great year of swimming we have had!

Don't forget the pool closes at the end of this week (don't try to turn up on Saturday morning!). If you would like to get a group together for sea swims send out an email to dscmasters@yahoo.com. For those of you already in established sea swimming groups there are new people in the club who would appreciate joining you so feel free to contact them this way as well.

The pool reopens for us on 11 January when we will offer the following timetable until normal classes resume on 1 February.

JANUARY TIMETABLE

| | 6am | | 6pm | 7pm | 8pm |
|------|---------------------------|---|-------------------------------|---------------------------|-----------|
| Mon | Uncoached | | Snappers/Dolphins/ Marlins | Masters/orcas combined | Uncoached |
| Tue | Masters/orcas combined | | Snappers/Dolphins/ Marlins | Masters/orcas combined | Uncoached |
| Wed | Masters/orcas combined | - | NAVY | ONLY | - |
| Thur | Masters/orcas combined | | Snappers/Dolphins/ Marlins | Masters/orcas combined | Uncoached |
| Fri | Uncoached | | | Uncoached | Uncoached |
| Sat | 7AM-9AM Uncoached | | | | |
| Sun | 7AM-9AM Uncoached | | | | |

Points to note :

- Morning masters have the option of 3 coached mornings;
- Orcas can join evening or morning masters;
- Other junior swimmers have the option of any or all of 3 coached 6pm evening sessions;
- Masters can attend uncoached sessions only with a 'buddy'.

SEA SWIMMING CLASSES

In an earlier email I announced that we will be trialling coached ocean swimming classes for both juniors and masters, on Wednesday evenings next term. We were considering starting in the week leading up to Christmas but have decided it best to start fresh in the new year. Bevan or I will send out an email then but in the meantime feel free to register your interest by emailing me.

ORCA COACHING

At the Christmas party we farewelled Andrew Johnson who has been our main Orca coach for a number of years and has been with the club since he was at primary school. We wish Andrew all the best for his police training and are pleased that Marjo and Bevan will be joining forces to coach the orca group from next year.

FRIDAY TECHNIQUE CLASSES

There is one spot left in Marjo's Friday evening technique class – email me if you are interested.

ATTENDANCE

What a great thing the club is so popular! – as you will appreciate there is a fine line between placing new members and keeping healthy lane numbers. With the support of the committee, Cathy Denne and Bevan do a lot of work to keep this balance. As there are waiting lists at all levels we need to ensure that swimmers maintain reasonable attendance. We would prefer to have people swimming than holding a place others would like to have, so if your attendance is poor at any level (including masters) the coaches may contact you to discuss this, with the possibility we may not offer you a position the following term.

LANE CAPACITY

Given our membership is at capacity there may be days when lane space is at a premium. This is why to avoid congestion, coaches will sometimes ask swimmers to move with a view to spreading the numbers and to group swimmers of similar speeds across the 3 lanes. Please don't hesitate to comply!

CHRISTMAS AWARDS

Congratulations to the following swimmers:

Snappers

| | |
|-------------------------------------|------------------------------|
| Most Promising : | Rina Macdonald |
| Hardest Trainer: | Liam Donnelly / Josh Harris |
| Best Attitude: | Sophie Wallace |
| Most Improved based on time trials: | Olivia Koller/Mark Bradfield |

Dolphins

| | |
|-------------------------------------|-------------------------------|
| Most promising : | Alexandra Dooley |
| Hardest Trainer: | Marsanne Jordan |
| Best Attitude: | Sam Raines |
| Most Improved based on time trials: | Abbey Beaumont /Jack Lockhead |

Marlins

| | |
|-------------------------------------|------------------------------|
| Most promising: | Hugo Adams |
| Hardest Trainer: | Isabella O'brien |
| Best Attitude: | Sam Hinds |
| Most Improved based on time trials: | Ella Ganley /Danny Bradfield |

Orcas

| | |
|--------------------|-------------------------|
| Most Improved; | Andy Bradfield |
| Best Attitude: | Lloyd Lowe |
| Hardest Trainers; | Jack Carew/ Jodi Thomas |
| Best smile at 6am: | Claudia Dorr |

Masters

| | |
|--------------|-------------------------------------|
| Undie Award: | Ian McDonald (for swimming in them) |
|--------------|-------------------------------------|

| | |
|--------------------------------|--|
| I Will Not Be Moved Award: | Morning masters middle lane (thank you Jenny for accepting this with good grace) |
| Swim With Style Award: | Cathy Denne/Jane Goddard (flash swim caps) |
| Nice As Pie Award: | Sandra Murray (self explanatory) |
| Most Improved Master: | Glenn Simmons |
| Winston Peters Comeback Award: | Rhys Harrison (bouncing back from injury) |
| Terrorist Award: | Chris Jewell (for sparking the only security incident this year by cycling on base without a helmet) |
| How Time Flies Award: | Ian Gladwell (last to arrive, first to leave) |
| Six Pack Runner Up Award: | David Claridge (where did some of you go David?) |

NORTH HEAD CLASSIC

The North Head classic swim was a great success, and over \$2,000 was raised. This will be distributed to local charities including Kenzies Gift, Victoria Theatre and Wilson Home.

CHELTENHAM CHALLENGE 2010

By now you will have received an email about the inaugural Cheltenham Challenge 2010, a 7km Swim / Run event. **Mark your diaries for Saturday March 27th 2010 10:00am.**

The Challenge offers a range of options, including Swim Only (aka the annual 2km Cheltenham Swim), Swim / Run for Individuals, Swim / Run for Teams, and a Run Only option.

Watch this space for more information – in the meantime if you want to know anything specific contact: idmcdonald@xtra.co.nz

CONTACT/FEEDBACK

For any general comments, queries or suggestions email me robin.harrington@xtra.co.nz .
For membership, payment or account enquiries contact Cathy Denne email cathy.denne@virgin.net

DON'T FORGET TO PAY YOUR FEES – EMAILS WENT OUT LAST WEEK

Don't dress like this to swim (or run) over summer! Ho ho ho and Merry Christmas.



Robin Harrington
President